



Dear Legacy Friends:

We are really going to miss seeing you every single day. Several tears have been shed over the changes in scheduling that have been brought about by the Corona Virus pandemic. We do plan, however, to have contact with you everyday, and we need you to help us by providing information that will allow us to find you quickly and deliver things to you without interruption.

**PLEASE READ THIS INFORMATION SHEET CAREFULLY AND KEEP IT CLOSE BY.**

**DO NOT SKIM THE MATERIAL OR THROW IT AWAY!**

**IF YOU HAVE ANY QUESTIONS, PLEASE CALL MRS. BOOTHE.**

School is "dismissed" not "closed" or "cancelled." Class work is going to move ahead, and we expect that you will spend designated time every day keeping up on your work. If you are not careful to move on and keep up, your graduation may be delayed and/or class time may need to be made up. Your teachers are working hard to prepare assignments and instruction. You will also be able to come to school in small groups, at pre-arranged times to take tests and get help you may need. In addition, teachers will be available to answer questions and to provide instructional help. Call Legacy at (801) 489-2840. We will also communicate with you through your Nebo e-mail, so be sure that you check it every day!

- Mrs. Florence will be available every morning from 8:30 a.m. to 11 a.m.
- Mrs. Dart and Mrs. Murdock will be available on A days from 8:30 a.m. to 2:30 p.m.
- All other teachers and staff will be available Monday through Friday from 8:30 a.m. to 2:30 p.m.

We have set up four testing times in the next week for you to take tests to finish up Term 3. Please call Legacy to tell Cindy which tests you will take and which day you will take them. We will run our pretty red van for any of you who need transportation. Mindy and Cara will be in the Child Care Center to take care of your children if you need to bring them when you come in for tests or tutoring. Don't put off scheduling your test day! Do it now!

Test Times:	Wednesday, March 18	12:30 - 2:30 p.m.
	Friday, March 20	9:00 - 11:00 a.m.
	Monday, March 23	12:30 - 2:30 p.m.
	Wednesday, March 25	9:00 - 11:00 a.m.

- Everyone in Mrs. Dart's Language Arts classes needs to take the end-of-term test. Please bring any missing assignments and testing notes with you when you come in to take the test.
- Mrs. Boothe's Geography students need to take the North America Intro test.

- Mrs. Yazzie's Math II students (A2 and A3) need to take the short tests on equations, expressions, fractions, inequalities, integers, and multiplication.
- Mrs. Florence needs Jasmine to take the Renaissance test and Melissa to take the 1920s test and the Articles of Confederation and Constitutional Convention test.

Having met together as a Legacy Staff on Monday morning, we decided on a "Legacy Daily Delivery Service" as our way of moving your education forward. These deliveries will take place each day in the early afternoon - probably between 12:00 and 2:00 p.m. Almost everyone will have a delivery every day. It will include lots of different things that will help you and your children through this "dismissal" period. In addition to delivering items from Legacy to you, we will pick up work that you completed since your last delivery and return it to your teachers for grading. That will be really good motivation for working everyday on the work that has been assigned.



- Daily activities for your children will be included. Please engage in them! Keep your children excited and eager just like they are when they are in school. Doing these activities with your children will allow you to receive credit for your classes in Child Care.
- Packets containing textbooks and class work for each of your classes will be delivered. Please have a safe place to keep all of your school materials and take really good care of them.
- If you want school breakfast and/or lunch, that will be delivered to you.
- If you need or want to borrow a sewing machine for this time away from school, that will be delivered to you.
- If you need to borrow a ChromeBook, we will deliver it to you. Be sure that you are so careful with things that are checked out from the school. Have a special place to keep them. They will be returned at the end of this "dismissal."
- If you have PE, you will receive a log for tracking activity which will count toward your grade in PE.

Now, some thoughts on doing our best in circumstances that we didn't anticipate or ask for. We can learn lots of good things about ourselves by adapting to unexpected changes when they come. Try hard to do these things:

1. Get Up in the Morning! Getting you and your children up and ready for the day will help all of you be productive during the day and will help you be ready to go when school is back in session.
2. Plan your days! Decide when you are going to do your school work. Plan what children are going to do while



you do your school work. Plan when you are going to engage in a fun activity with your child(ren). Let them know when that will be and what they are going to do until that time. Be sure to plan at least a little bit of outdoor time in every day.

3. This morning Legacy's faculty and staff watched an interview with a psychiatrist who specializes in adjusting to change. It was quite insightful. She spoke of the 4 Ms of getting through changes in our lives.
  - **Mindfulness:** Be aware of people around you and how they are doing. Take the incentive to see how you can help someone. Be aware of what you are learning as you schedule yourself through the new daily routine. Find joy in the goodness in your life.
  - **Movement:** Get up and move. It is so important that we breath fresh air and move our bodies. Even if the temperature is a little chilly, movement in the fresh air wakes up every part of us and gets us thinking better.
  - **Mastery:** Draw on the things that you are good at and that you like to do. Use those things to make yourself feel good and to help those around you. In addition, take this opportunity to become good at something new! Choose at least one thing that you would like to learn to do well and go for it!
  - **Meaningful Interactions:** Shutting ourselves up and not interacting with others brings on lazy minds, pessimism, and often depression. Even though we are not gathering as we usually do, reach out to friends and family. Learn about the good things that they are doing in these different days. Connect with people who are important to you.

We love each of you and are concerned about you. We will get through this together! We are grateful that measures are being taken that will hopefully help us get through the pandemic more smoothly and quickly than might otherwise be the case. Follow the instructions of those who really know what we are facing. Follow the advice of medical professionals; don't decide that these restrictions are for everyone but you. Stay active, healthy, and have some fun. Please let us know how we can help you.